

Greetings from Samui Mala, and some news about events -- clean, green, nurturing, educational, healing or fun -- happening on our island.

Please keep us informed of any events you are hosting or know about for our calendar and newsletter. Kindly send as a word file - preferably not pdf. Thanks

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Healing Circle Saturday 30th January 2010, 3pm

Each of our Samui Mala healing circles will be hosted at different venues and they can be organized and created by any one of us. As a result each will be unique and reflect the venue and the organisers' interests and concerns.

The healing circle meetings we have held in the past have been exploratory discussions, and have been largely a chance to talk and network.

This month Hillary Hitt of Dharma Healing Centre has offered to host and lead the group in the Bay of Peace on the west side of the island. Hillary has decided on a 'hands-on' approach to healing and to co-create this healing energy with the group. Please see Hillary's concept of this meeting below.

Here's a great chance to experience this lovely side of the island and see the sunset over the calm bay if you like.

Hillary's outline:

In Native American cultures The Healing Circle is a model of the Medicine Wheel. It is a co-creative geo-cosmic circle made up of teachers, healers, including shamans, wise ones and others from the community who are in need of contributing and feeling a part of that community, of feeling interconnected with all living beings and who are looking to be healed.

The circle can represent all of the stages of life, the movements of planets, the seasons, the life cycles of animals and the virtues that all human beings share. It offers holistic approaches to healing that encompass all the energies of those who participate.

Healing Circles are non-hierarchical and inclusive. They represent deep respect, equanimity, continuity and reverence for all of nature, for all of life.

The healing circle is the most perfect symbol of our love for each other, the community, The Divine forces of the cosmos and the planet.

The unity of our joined energies in the form of circle empowers the "moment" with the grace of our goodness and intention to heal those in need, the planet and ourselves.

Please note, you should RSVP if you plan to come. Could you kindly email Hillary hillaryadrian@yahoo.com or hillary@dharmah healingintl.com . She asks you to let her know the following:

- 1, If you plan to attend
2. Will you be attending as a:
 - a. HEALER
 - i. what type of healing would you like to offer?
 - ii. would you willing to team up with other healers of your practice or a different practice?
 - b. HEALEE (someone who would like healing)
 - i. what particular health issues are you looking to heal?
 - ii. are you open to different forms of healing?
 - c. CIRCLE SUPPORTOR-MALA BEAD

Healers of all types are welcome to join and co-create the circle. This also includes all artists, dancers, singers, rabbis, priests, monks and nuns whose work is healing.

Healees need to be prepared to receive the energy offered and be open to the individual healing-intelligence they have within.

All participants need to take total responsibility for their part in the co-creation of the healing circle.

Knowing how you will participate is essential for the creation of our circle.

Thanks so much for your participation. I am sure our healing circle will be an amazing event, a co-creative experience of the highest order.

Come be a bead of the Mala and co-create this authentic Healing "Circle" on Koh Samui. Join Hillary at Dharma Healing Center, Soonthorn Bungalows, Lipa Noi Beach (The Bay of Peace) on January 30th

Hillary

How to find it: please see the [map](#)

Future meetings of the Healing Circle

In future meetings will take other shapes and forms according to the facilitator and venue. Please see the website [calendar](#) for updates and more details on the format and themes as we get closer to the times.

Can you host or co-create a circle?

If you'd like to host such a circle or take a lead in organizing one, DO let us know and we can help you unleash your community skills. There are no rules except that the theme should be about healing, that the host venue if you don't have one should be comfortable with your program, and that it should engage as many of the group as possible. It could be about music, or dance or food... intellectual, educational, or even fun - and best of course if it was all of the above.... :)

Singing Bowl Concerts at Kamalaya:

Upcoming Concerts in 2010. 6-7 pm. Join Winnie at Kamalaya's Yantra Hall for a concert that is both an experience in holistic healing and a musical pleasure! Admission is THB 300 and everyone is welcome.

New Moon Singing Bowls Concert with Winnie Rode

Feb 15

March 15

Full Moon Singing Bowls Concert with Winnie Rode

Jan 30

Feb 28

March 30

Concerts with Winnie Rode

June's cafe: Sunday's at Junes - come at 5-ish for dinner and we start the movie/talk at 6:30pm...

Sundays are for sharing – fun, food and films and sometimes a live talk... If you have anything you'd like to see or share, let us know by email or talk to Becky and June in the Art Cafes

June has kindly agreed to keep the space open for evening movies or talks for those who enjoy the daylight hours outside!

We will start at 6:30, and there will be discussion after.

But please note, the cafe will be closed at 6:30. Please respect that June has had a long long week, and she and her girls will be closing up!

For January we have:

Sunday January 24th:

The Flowers of St. Francis (in Italian, *Francesco, giullare di Dio*, or "Francis, God's Jester") is a 1950 film directed by Roberto Rossellini and co-written by Federico Fellini. The film is considered a 'classic' of cinema. Martin Amada who is sharing this enchanting film with us, will also lead a discussion about the film.

See more at http://en.wikipedia.org/wiki/The_Flowers_of_St._Francis

Sunday January 31st:

Watch the samuimala [calendar](#)

We hope to have our first installment from Julien of the [Koh Phangan film festival](#) which will be held in mid February

Sunday February 7th:

Lynne Pressman will be talking about “**The Angels Around Us**”

Presenter Lynne is a Reiki Master and hypnotherapist/regression therapist.

Lynne trained with Doreen Virtue in 2004 and is one of Doreen’s certified Angel Therapists.

Lynn writes: “The purpose of this talk is to acquaint you with a basic understanding of the angelic realm to assist in opening to new levels of wisdom and understanding, loving guidance and support with issues ranging from the most profound spiritual matters to the simple concerns of everyday life.”

Come and found out more about how you can consciously work with angels to allow an enormous resource into your life.

Monthly talks on Sunday's at Junes - looking for people to present

Every month we hope to have a different live presentation at June's café.

The idea is to share knowledge to assist us in enjoying this planet in a more sustainable and informed and mindful way. Do you have something you'd like to share? Send us an outline and a bio?

For further information please contact [ruth.eedy@gmail](mailto:ruth.eedy@gmail.com) who is coordinating these talks. Or you can talk to Becky or June at the Art Café or email to this address.

Talks should last approximately one hour.

June's Seva Day Saturday, 30th January. A day of sharing food and ideas at June's Art Cafe on the full moon every month from 10 am to 8 pm. So please feel free to join in! Seva day is a day of service, where June's Cafe provides a delicious free buffet of healthy foods in exchange for a donation. This is a great day for meeting others who care about our island and our health.

Fresh and local produce delivered to your door: James is the supplier offering **home delivery of fresh and local food**. This means you can get all these products without having to drive all over the island to find them. James says " All is going well... a few new customers... and a few new suppliers - a vegetarian chef is coming up with a list of healthy options on bread and pasta plus some prepared dishes... Hilary is adding her yummy seed candies, and hopefully found a source for a weekly organic fruit and veg box...

Basically this is a listing of all the good things being made, grown or even imported here on Samui... Healthier things will get more attention, but there will be no shortage of pies, cakes and chocolate too... so do check it all out. The contents will grow and change every week as more farmers, vendors, suppliers, bakers and makers are included. So, if you know of anyone or something the whole island should know about, then please let us know."

For a directory of goods and a new editable order form you can fill in and email to him, contact James at samuifreshandlocal@gmail.com

Calendar of events on www.samuimala.org/calendar.html

Do keep the website [calendar](http://www.samuimala.org/calendar.html) bookmarked – and watch for news as it's updated.

Please keep us informed about anything that's clean, green, community orientated, educational, healthy and about Samui, we will post it... It would be great if this became a really useful resource for everyone on the island who cares about the future to plan their activities and network.

Koh Phangan's third annual film festival

See the schedule and plan to hop on a boat mid February to the [Koh Phangan film festival](#)

Samui Mala news comes from samuimala@gmail.com

You are getting this mail because you are on our Samui Mala mailing list. Please do let us know if you would like to be removed from the list for any reason. Just reply with unsubscribe in the subject line and tell us why if you like - we are trying to build community and keep you informed, not hassle you. Any feedback is welcome.

Love and light....